


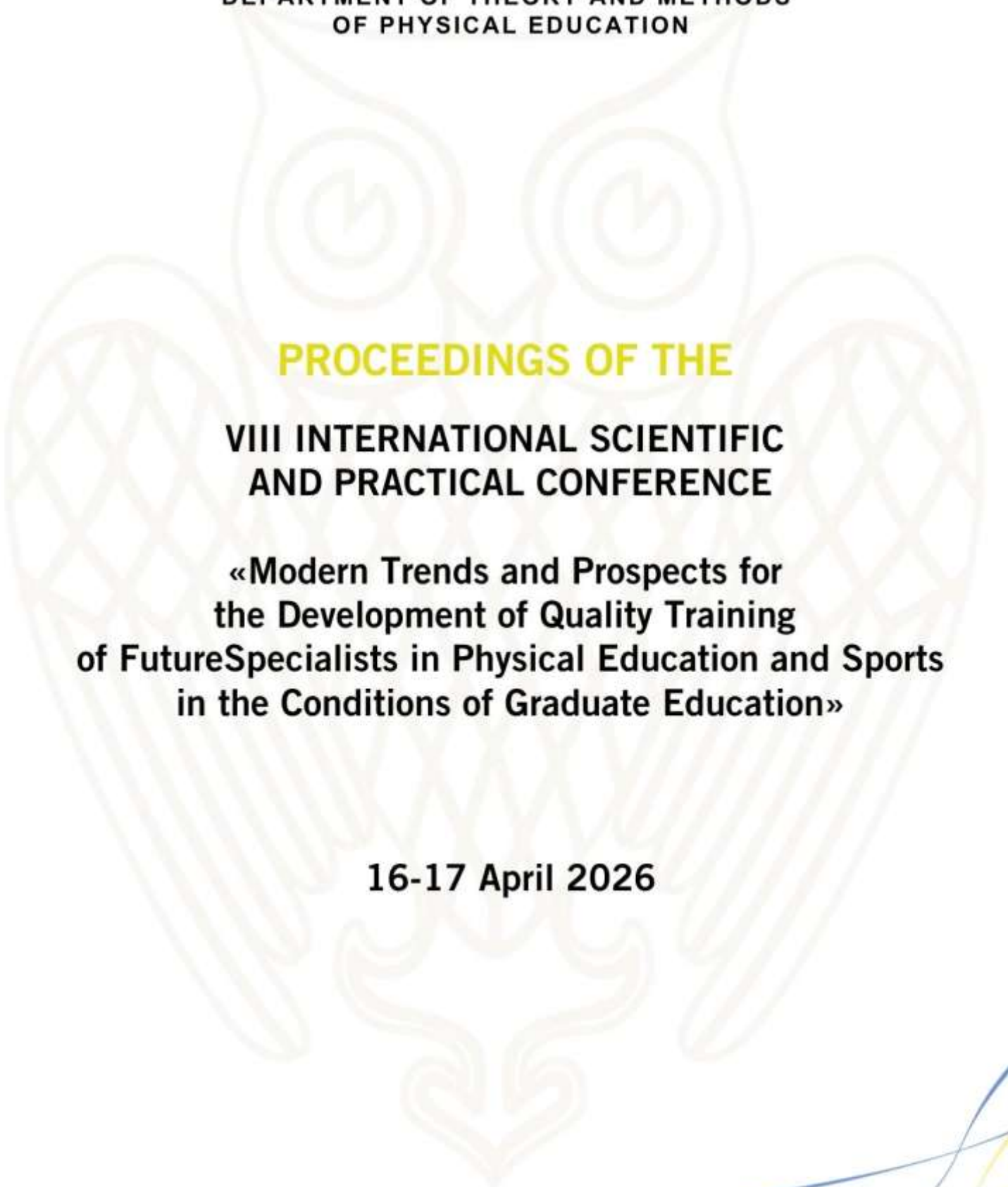
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INTEGRATION OF TOURISM INTO SCHOOL PHYSICAL EDUCATION: PEDAGOGICAL POTENTIAL AND PROFESSIONAL TRAINING OF TEACHERS

Скрипченко Ірина, Бадіку Джорджіан. Інтеграція туризму в шкільне фізичне виховання: педагогічний потенціал та професійна підготовка вчителів.

***Keywords:** tourism, innovative technologies, educational process, physical activity, schoolchildren, qualified teachers.*

Training physical education and sports specialists to teach tourism in schools is extremely important from a pedagogical, social, health, and safety perspective in today's world. These specialists will shape the modern youth environment and prepare them for life's challenges and military service.

A significant number of scientific papers are devoted to developing competency-based training for students in sports and tourism activities at higher education institutions; developing their skills in organizing and conducting tourism events; providing methodological support and content for educational programs that incorporate tourism into physical education and sports; and integrating tourism topics into the training of future physical education teachers for school work [1, 2, 4, 6-8].

The development of children's and youth tourism in schools and extracurricular settings has been widely explored in Ukrainian scientific and pedagogical literature and has been addressed by a number of researchers and practitioners. However, these issues are always relevant and require continued research and innovation to optimize the school tourism system [3, 5].

The aim of the study is to substantiate the feasibility and pedagogical potential of integrating tourism into the system of physical education of schoolchildren as an effective means of increasing their physical activity and comprehensive development.

The analysis of contemporary scientific literature indicates that children's and youth tourism is gaining increasing popularity worldwide as an important component of both formal and non-formal education. In Ukraine, particular attention is paid to the development of youth tourism within general secondary schools and out-of-school educational institutions. Researchers emphasize that tourism combines motor activity, cognitive engagement, social interaction, and environmental awareness, thereby creating favorable conditions for the harmonious development of the individual [1, 9].

Under current educational conditions, it is possible to actively involve students in tourism-related activities and significantly enhance their level of physical activity through the implementation of innovative pedagogical technologies. Such technologies are widely applied in international educational practice and are gradually being introduced into the Ukrainian educational system. The results of our study show that the most effective forms of physical education focused on tourism are those presented in Pic. 1.



Puc. 1. Kind forms of physical education focused on tourism

Tourism-based classes are aimed at improving the general educational and vocational training of future citizens, fostering spiritual and moral values, and promoting the physical development of students. These activities contribute not only to the enhancement of endurance, strength, coordination, and agility, but also to the formation of responsibility, independence, cooperation, and leadership skills.

The proposed exercises can be conducted in various settings, including sports halls, outdoor playgrounds, school grounds, or even classrooms, depending on the educational objectives and available resources. Many activities incorporate competitive elements, where participants either compete individually or represent their teams, while simultaneously developing mutual support, cooperation, and collective responsibility – qualities that are essential in tourism practice. In some

tasks, participants act individually, pursuing personal goals; in others, they act collectively, defending the interests of their team. Such variability allows for differentiation of tasks according to students' age characteristics, physical fitness levels, and motivational factors.

The effective implementation of tourism-oriented physical education is impossible without highly qualified physical education teachers. In accordance with modern professional standards, a teacher must be able to:

- organize and manage primary tourist groups (sports sections, school tourist clubs);
- plan and conduct one-day and multi-day hiking trips with pupils;
- organize tourist events, meetings, and competitions in various types of tourism;
- overcome vertical and horizontal obstacles, tie knots, and conduct orienteering;
- provide first aid in emergency situations;
- serve as a referee in tourist competitions (relay races, cross trekking, orienteering, etc.).

For the successful implementation of tourism games and activities, educational institutions should possess at least a basic material and technical base. It is advisable for schools to be equipped with backpacks, compasses, ropes of various lengths and diameters, balls, skittles, baskets, pouches, boards, mats, flags, benches, and other necessary equipment. The availability of such resources ensures the safety, variability, and methodological diversity of the educational process.

Thus, mastering innovative tourism-based methods by physical education teachers creates opportunities for the differentiation and individualization of physical activity for students. It allows educators to take into account the level of students' physical preparedness, their interests, and their inclination toward various types of tourist activities. The integration of tourism into the physical education curriculum can therefore be considered a promising direction for optimizing the educational process and promoting sustainable physical activity among schoolchildren.

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